

Nutrition Facts

1 servings per container

Serving size

1 bag (35g)

Amount Per Serving

Calories

170

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 160mg **7%**

Total Carbohydrate 13g **5%**

Dietary Fiber 4g **14%**

Total Sugars 4g

Includes 1g Added Sugars **2%**

Protein 12g

Vitamin D 0mcg **0%**

Calcium 90mg **6%**

Iron 2.3mg **15%**

Potassium 20mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.